



SAILING INSTRUCTIONS

Frank Godsell March League 2019

“All IN” SPINNAKER and “ALL IN”

WHITE SAIL

1. The Organising Authority is Kinsale Yacht Club.
2. **Rules**

Cruiser Class Racing will be governed by World Sailing Racing Rules of Sailing 2017 - 2020 (“RRS”), the prescriptions of the Irish Sailing Association (“ISA”), the IRC Rating Rule 2019, the ISA Progressive ECHO Performance Handicap System, these sailing instructions (“SIs”) and any amendments thereto, and the Rules of ECHO and IRC. In the event of a conflict, these Sailing Instructions shall prevail.

The Organising Authority is the designated ECHO rating authority
3. **Eligibility**
 - 3.1 To be eligible to enter Kinsale Yacht Club (“KYC” or the “Club”) March League races, the owner and/or helm must be a member of a Yacht Club and the ISA. This amends RRS Appendix 2.
 - 3.2 Cruiser Class Racing is open to all Cruisers, Racer/Cruisers and Cruiser/Racers only.
 - 3.4 All yachts shall complete the Registration Form and Declaration(See Appendix 5 Below) and hand it in to the Race Office Ashore (located at the main club office on the ground floor) , prior to competing in their first race. The entry form is also on www.kyc.ie
 - 3.5 To be eligible for ECHO and IRC results, copies of valid current certificates must be lodged at the Race Office before racing.No changes to IRC handicaps are permitted after the first race that a yacht takes part in.
 - 3.6 Any changes to these SI’s will be posted on the notice board (downstairs window to front of KYC building) at least two hours before racing on the day they are to take effect.
4. **Safety**
 - 4.1 All owners must ensure that their boat and crew comply with World Sailing recommendations for cruiser racing. All Club races are World Sailing OSR Category 4 monohull regulations (with the exceptions of paragraphs 3.14.6c, 3.27, 3.28.1, 3.29.06, 4.07, 4.10, 4.11, 4.13, 4.17, 4.18, 4.22, 4.26, 5.01).
 - 4.2 Life jackets shall be worn on boats in accordance with Irish law.
 - 4.3 Each boat shall have a minimum of two crew. Skipper plus one other person complies with this rule. Each boat shall have an efficient system and adequate equipment for recovery of crew overboard.
 - 4.4 Boats shall not race with their anchors projecting over the bow.



KINSALE YACHT CLUB



- 4.5 The Club reserves the right to inspect any boat, at any time, to ensure that they comply with the minimum safety requirement.
- 4.6 Safety is a matter for each owner/skipper. Safety compliance shall not give rise to interboat protests.
- 4.7 Bulman Cardinal Mark. In the event that the Bulman Cardinal Mark is **NOT** a mark on the course, no competitor shall pass between the Bulman Cardinal Mark and Preghane Point.

5. **Class Divisions and Racing Pennants**
To indicate that they are racing, boats shall fly their appropriate pennant, classes 1, 2, and 3 for Spinnaker “All In” or the White sails pennant for White Sails “All In”, from their back stay. See also White Sail Rules Appendix 4.
6. **Schedule of Races**

Race 1 Monday 18th March 2019	FG 1125 HRS
Race 2 Sunday 24th March 2019	FG 1125 HRS
Race 3 Sunday 31 st March 2019	FG 1125 HRS
7. **Sail Numbers.**
Yachts must use their correct sail numbers. Permission to sail under any other number must be obtained from the Race Officer prior to the warning signal, and the Race Office must also be advised.

8. **Courses**
Courses will be chosen by the Race Officer and displayed on a blackboard on the Committee boat. The course may also be announced on VHF Channel 69 or other such VHF Channel as may be shown on the blackboard.

9. **Starting Line**
Starts will generally be at the Charles Fort Line, the outer harbour or outside the harbour, or at any other location at the discretion of the Race Officer. Please refer to the KYC Website (<https://www.kyc.ie/index.cfm/page/documents>) for details on the start lines.

Committee Boat Start: this is formed by a red and white pole or by the Main Mast on the Committee Boat and an adjacent mark (“ODM”). An Inner Distance Mark (“IDM”) may be laid between the ODM and Committee Boat, in which case yachts shall start between the IDM and the ODM (i.e. yachts shall not pass between the IDM and the Committee Boat).

10. **Finishing Line**
The finish line shall be at Charles or at the Balcony Line or at any other location in accordance with paragraph 13, Shortened Course. Please refer to the KYC Website (<https://www.kyc.ie/index.cfm/page/documents>) for details on the finish lines.



KINSALE YACHT CLUB



11. Start Order

- 11.1 All Spinnaker Classes will be started together and all White Sails Classes shall be started together. At the discretion of the Race Officer the Spinnaker and White Sails classes may be started together.
- 11.2 A yacht shall not start later than 5 minutes after her starting signal.
- 11.3 All-in Starts - Code Flag "C" shall be used.

Races will be started by using the following signals. Times shall be taken from the visual signals; the absence of a sound signal shall be disregarded. Gun/hooter may be substituted by an alternative sound signal.

Minutes before Start	Signal	Flag & Sound Starting Signal
5	Warning	Class Flag; +1 sound
4	Preparatory	P, I, Z, Z with I, Black or U; +1 sound
1	One-minute	Preparatory flag removed; +1 sound
0	Starting	Class Flag removed; +1 sound

12. Recalls

- 12.1 Individual Recalls will be in accordance with RRS 29.2 (Flag X).
- 12.2 General Recalls shall be in accordance with RRS 29.3 (Flag 1st substitute).
When a general recall has been signalled, a new warning signal will be made one minute after signalling the end of the General Recall. In the event of a general recall, the start(s) of subsequent race(s) shall be postponed.

13. Shortened Course

- 13.1 The Race Officer may announce a shortened course on VHF Ch. 69.

14. Time Limit

The time limit for the first boat in each class shall be 2.5 hours from the start of their race. If the first boat finishes within 2.5 hours, remaining boats shall have one further hour, from the finishing time of the first boat, to finish. (This amends RRS 35).14.

15. Retiring

A yacht, which retires from a race, shall inform the Committee Boat as soon as possible.

16. Alternative Penalties

- 16.1 RRS 44 will not apply. A boat that may have broken a rule of Part 2 of the RRS or RRS 31 (Touching a Mark) while racing may take a place penalty of one point which shall be added to her scored points unless she gained a significant advantage in the race or



KINSALE YACHT CLUB



caused serious damage to another boat whilst racing, in which case she shall retire. When in the same incident a boat has broken a rule of Part 2 and touched a mark, she need take only one penalty.

- 16.2 A boat taking a place penalty under this section shall:
 - 16.2.1 DISPLAY a code flag Q (yellow flag) from the first reasonable opportunity after the incident continuously until 5 minutes after finishing.
 - 16.2.2 Draw ATTENTION to the flag as she is finishing.
 - 16.2.3 REPORT her acknowledgement in person at the Race Office and identify the nature of the infringement (boat infringed against and/or mark touched, etc) to the Protest Committee by the expiry of the protest time limit. The report shall be on a specific form available in the Race Office.
- 16.3 When one boat in a protest has not already accepted a penalty in accordance with the section above, and acknowledges prior to hearing, an infringement of a rule of Part 2 of the RRS or RRS 31, she shall receive a penalty of two points to be added to her scored points.
- 16.4 A boat that accepts a time penalty may protest with respect to the same incident but her penalty will not be affected.
- 16.5 A boat that takes a penalty shall not be penalised further with respect to the same incident unless she failed to retire when required to do so.
- 16.7 The level of penalties (other than time penalties specifically defined in these sailing instructions) for infringements of the rules shall be at the discretion of the Protest Committee and may be disqualification, a place penalty or no penalty. This changes RRS 64.1.

17. Protests and Requests for Redress

- 17.1 Protest forms are available at the Race Office located on the ground floor of the KYC club house. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.
- 17.2 For each class, the protest time limit is 90 minutes after the last boat has finished the last race of the day.
- 17.3 Notices will be posted no later than 15 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Parties may be informed by text and/or email.
- 17.4 Hearings will be held in a protest room, located at the KYC club house, beginning as soon as possible.
- 17.5 It is the responsibility of the PROTESTOR to inform the PROTESTEE of the lodging of the protest, the likely time and place of the hearing and to supply him with a copy thereof. It is the responsibility of all parties thereafter to attend at the time and place of any hearing with all necessary witnesses. This amends RRS 63.2.



KINSALE YACHT CLUB



- 17.6 In addition to the requirements under RRS 61, boats must draw the attention of the Committee Vessel to an intention to protest as soon as possible after the finish and before leaving the finishing area.
- 17.7 Notices of protests by the Race Committee or Protest Committee will be posted to inform boats under RRS 61.1(b).
18. **Scoring**
- 18.1 The scoring system shall be the Low Point System in accordance with RRS Appendix A with the following modifications:
- OCS and RET = 1 point plus number of starters for the race.
 - DNS = 3 points plus number of starters for the race.
 - DSQ = 6 points plus number of starters for the race.
- 18.2 A special handicap system will be used for the White Sail Class – See White Sail Rules – See Appendix 4.
19. **Commercial Traffic**
- Competitors shall yield right of way to commercial traffic within the limits of Kinsale Harbour in accordance with the Bye Laws of Kinsale Harbour. Failure to comply will result in disqualification.
20. **Advertising**
- Competitors shall comply with the ISAF Advertising Code Category C.
21. **Insurance**
- It is the duty of each boat owner to have his boat adequately insured against any risk, including civil responsibility to third parties and to ensure that such insurance remains valid for the entirety of the Event.
22. **Media Waiver**
- Competitors give their consent to Kinsale Yacht Club, its sponsors, and the Organising Authority, to use their name, comments, photograph and likeness in order to promote the Event.

Failure to comply with any of the above rules may result in disqualification.



KINSALE YACHT CLUB



Appendices.

Appendix 1 - White Sail Rules.

Appendix 2 - Registration and Declaration

Appendix 1 - KYC White Sail Rules

The KYC White Sail (WS) Rules apply in addition to the above Sailing Instructions.

1. White Sail Division competing boats shall fly the identifying racing pennant (white pennant with blue letter W thereon), together with the correct identifying class numeral pennant 1 or 2 as appropriate.
2. For an All-in WS Start – The White Sail Pennant shall be used as the Class Flag (warning signal).
3. For individual WS class starts (classes 1 and/or 2) the numerical pennant (1 or 2) flag shall be used as the Class Flag (warning signal)
4. Progressive Handicap System: Starting handicaps shall be assigned by the Race Office and may be published on the notice board two hours before the start of the first race. Boats joining the series after the first race will have a handicap assigned by the Race Office ashore.
5. Valid ISA ECHO certificates shall be submitted to the Race Office ashore with the entry form. Handicaps will be calculated using the Progressive Handicapping System and they will be adjusted and declared after each race. The act of handicap adjustment or failure to adjust will not be grounds for protest and/or redress (amends RRS 60.1). Valid IRC Certificates (Endorsed or Un-Endorsed) are required for White sail IRC.
6. The use of gennakers, bloopers and spinnakers or other purpose-built downwind sails is prohibited.
7. Spinnaker poles and/or whisker poles are allowed for poling out headsails.
8. RRS Rule 49.2 shall apply. Competitors shall not position any part of their torsos outside the lifelines except briefly to perform a necessary task. Head sails shall not be continuously held out by hand outside the lifelines
9. Yachts shall use only ONE HEADSAIL at a time.
10. Roller reefing is encouraged under the White Sail Class Progressive Handicap.
11. Yachts racing in the White Sail Progressive Handicap are permitted one headsail change (to a smaller headsail) for safety reasons. Such headsail shall



KINSALE YACHT CLUB



be used for the remainder of the race and declared to the Race Officer when finishing.

12. Yachts racing under White Sail IRC are permitted unlimited headsail changes.



KINSALE YACHT CLUB



Appendix 2 - Club Racing Registration Form & Declaration.

NAME OF YACHT: _____ LOA: _____

H'CAP DETAILS: ECHO Standard _____ IRC _____

BOAT TYPE: _____

SAIL NUMBER: _____ HULL COLOUR: _____

CLASS: _____

OWNER / HELMSMAN: _____

ADDRESS: _____

CLUB: _____ TEL: _____

E-MAIL: _____

OWNER'S DECLARATION

To the best of my knowledge the information I have given is accurate. I understand that yacht racing can be dangerous. I agree that KYC, the Organising Authority, the Race Committee, any sponsors, and/or their agents have no responsibility for loss of life or injury to members of KYC, or crew, or others, or for the loss of, or damage, to any vessel or property. I have paid particular attention to and agree to be bound by the Racing Rules of Sailing (RRS) and the ISAF Offshore Special Regulations and the Organising Authority's Sailing Instructions for the event. Before racing I will effect adequate and suitable insurance which will include valid third party liability insurance and before racing I will ensure that I and my crew are aware of:-

1. The undertaking in this Declaration;
2. The responsibility to observe the Racing Rules of Sailing and in particular RRS 1.2. (life-saving equipment): "A boat shall carry adequate life-saving equipment for all persons on board, including one item ready for immediate use, unless her class rules make some other provision. Each competitor is individually responsible for wearing a personal flotation device adequate for the conditions"
3. The responsibilities in relation to local harbour regulations;
4. The responsibilities in relation to the World Sailing Offshore Special Regulations.



KINSALE YACHT CLUB



I Agree to make my boat available for inspection.

If any alteration likely to affect the handicap or rating is made, e.g. to sails, rig, mast, ballast, trim, engine, or propeller, I will notify the appropriate Rating Authority and the Race Committee, and the Sailing Committee of the KYC immediately.

I will ensure that no crew member races on my boat contrary to the terms of any ban imposed by World Sailing, or any National Authority, or the KYC.

I understand and agree that the information given in this form will be maintained in KYC records to be used for all aspects of race organisation.

Each yacht shall exercise her responsibility under RRS Fundamental Rule 4 and decide whether or not to start or to continue to race.

I have read and understand the World Sailing Offshore Special Regulations 1.02 (Responsibility of Person in Charge as set out below):

1.02.1 The safety of a yacht and her crew is the sole and inescapable responsibility of the person in charge who must do his best to ensure that the yacht is fully found, thoroughly seaworthy and manned by an experienced crew who have undergone appropriate training and are physically fit to face bad weather. He must be satisfied as to the soundness of hull, spars, rigging, sails and all gear. He must ensure that all safety equipment is properly maintained and stowed and that the crew know where it is kept and how it is to be used.

1.02.2 Neither the establishment of these Special Regulations, their use by race organizers, nor the inspection of a yacht under these Special Regulations in any way limits or reduces the complete and unlimited responsibility of the person in charge.

1.02.3 Decision to race -The responsibility for a yacht's decision to participate in a race or to continue racing is hers alone - RRS Fundamental Rule 4.

I have read and agreed to the terms of this Declaration. I understand that on signing, I accept the responsibility as the Person in Charge as defined in RRS 46 unless I have informed the KYC that there will be a different Person in Charge.

Signed: _____ Date: _____