



KINSALE YACHT CLUB



SAILING INSTRUCTIONS

Matthews of Cork and Helly Hansen

Spring Series 2019

(Incorporating the SCORA League 2019)

Spinnaker and White Sail Classes

1. **The Organising Authority is Kinsale Yacht Club**
2. **Rules**

Cruiser Class Racing will be governed by World Sailing Racing Rules of Sailing (“RRS”), the prescriptions of the Irish Sailing Association (“ISA”), the IRC Rating Rule 2019, the ISA Progressive ECHO Performance Handicap System, the Notice of Race, these Sailing Instructions (SI’s) and any amendments thereto, and the Rules of ECHO and IRC. In the event of a conflict, these Sailing Instructions shall prevail.

The Organising Authority is the designated ECHO rating authority
3. **Eligibility**
 - 3.1 To be eligible to enter Kinsale Yacht Club Spring Series, the owner and/or helm must be a member of a Yacht Club and the ISA. This amends RRS Appendix 2. All competitors shall be temporary members of Kinsale Yacht Club for the duration of the series
 - 3.2 Cruiser Class Racing is open to all Cruisers, Racer/Cruisers and Cruiser/Racers only.
 - 3.3 All yachts shall complete the Registration Form and Declaration – Appendix 4, and hand it in to the Race Office Ashore (located at the main club office on the ground floor), prior to competing in their first race. The Registration Form and Declaration is also available on www.kyc.ie
 - 3.5 To be eligible for ECHO and IRC results, copies of valid current certificates must be lodged at the Race Office before racing. Changes to IRC handicaps following the first race a yacht competes in will not be permitted.





KINSALE YACHT CLUB



3.6 Any changes to these SI's will be posted on the notice board (downstairs window to front of KYC building) at least two hours before racing on the day they are to take effect.

4. Safety

4.1 All owners must ensure that their boat and crew comply with World Sailing recommendations for cruiser racing. All club races are World Sailing OSR Category 4 monohull regulations (with the exceptions of paragraphs 3.14.6c, 3.27, 3.28.1, 3.29.06, 4.07, 4.10, 4.11, 4.13, 4.17, 4.22, 4.18, 4.26, 5.01).

4.2 Life jackets shall be worn on boats in accordance with Irish law.

4.3 Each boat shall have a minimum of two crew. Skipper plus one other person complies with this rule. Each boat shall have an efficient system and adequate equipment for recovery of crew overboard.

4.4 Boats shall not race with their anchors projecting over the bow.

4.5 The Club reserves the right to inspect any boat, at any time, to ensure that they comply with the minimum safety requirement.

4.6 Safety is a matter for each owner/skipper. Safety compliance shall not give rise to inter-boat protests.

5. Sail Numbers.

Yachts must use their correct sail numbers. Permission to sail under any other number must be obtained from the Race Officer prior to the warning signal, and the Race Office must also be advised.

6. Class Divisions and Racing Pennants

To indicate that they are racing, boats shall fly their appropriate pennant, classes 1, 2, and 3 or White Sail, from their back stay. See also White Sail Rules Appendix 4.

7. Schedule of Races

Race day 1 Sunday	7 th April 2019	FG	1155 HRS
Race day 2 Sunday	14 th April 2019	FG	1155 HRS
Race day 3 Monday	22 nd April 2019	FG	1155 HRS
Race day 4 Sunday	28 th April 2019	FG	1155 HRS

Up to eight races may be sailed over the four race days.





KINSALE YACHT CLUB



The Race Committee reserves the right to start races earlier than the times above but will give seven days notice of their intention to do so.

8. Courses

For Spinnaker classes It is intended to run two races on each on the 'windward/leeward' and 'round the cans' days and one race on the coastal race day.

All courses in the White Sail Classes will be round the cans.

For White Sail Classes it is intended to run up to five races over the course of the event at the discretion of the race officer.

Courses will be chosen by the Race Officer and displayed on a blackboard on the Committee boat. The course may also be announced on VHF Channel 69.

9. Starting Line

Starts will be at the Charles Fort Line, the outer harbour or outside the harbour, or at any other location at the discretion of the Race Officer.

Charles Fort Line: See Appendix 2 (Charles Fort Start / Finish Line)

Committee Boat Start: this is formed by a red and white pole or by the Main Mast on the Committee Boat and an adjacent mark ("ODM"). An Inner Distance Mark ("IDM") may be laid between the ODM and Committee Boat, in which case yachts shall start between the IDM and the ODM (i.e. yachts shall not pass between the IDM and the Committee Boat).

10. Finishing Line

The finish line shall be one of;

- Between the red and white pole on the finishing vessel displaying a blue flag and a finishing mark which may be a Dan buoy or a turning mark (note that the Finishing Line may be on the opposite side of the finishing vessel than the start line), or;
- Charles Fort. (See appendix 2 Charles Fort Start / Finish Line) or;
- The Balcony Line (see appendix 3 - Balcony Finish Line or;
- any other location in accordance with paragraph 13, Shortened Course.

11. Start Order

11.1 Each class may be given a separate start sequence, or may be started with another Class(es) at the discretion of the Race Officer.





KINSALE YACHT CLUB



11.2 A yacht shall not start later than 5 minutes after her starting signal.

11.3 FLAGS AND HANDICAP BANDS

To indicate that they are racing, cruisers shall fly the appropriate Class Flag from their backstay.

- Spinnaker 0, IRC Standard 1.020 and above, Numeral Pennant No. 0
- Spinnaker 1, IRC Standard 0.930 - 1.019, Numeral Pennant No. 1
- Spinnaker 2, IRC Standard 0.929 and below, Numeral Pennant No. 2
- White Sails – See Appendix 4 White Sail Rules.

All-in Starts - Code Flag "C" shall be used.

Races will be started by using the following signals:

Minutes before Start	Signal	Flag & Sound Starting Signal
5	Warning	Class Flag; +1 sound
4	Preparatory	P, I, Z, Z with I, Black or U; +1 sound
1	One-minute	Preparatory flag removed; +1 sound
0	Starting	Class Flag removed; +1 sound

Times shall be taken from the visual signals; the absence of a sound signal shall be disregarded. Gun/hooter may be substituted by an alternative sound signal.

12. Recalls

12.1 Individual Recalls will be in accordance with RRS 29.2 (Flag X).

12.2 General Recalls shall be in accordance with RRS 29.3 (Flag 1st substitute).

When a general recall has been signalled, a new warning signal will be made one minute after signalling the end of the General Recall. In the event of a general recall, the start(s) of subsequent race(s) shall be postponed.

13. Shortened Course

13.1 The course may be shortened at any stage of a race at the discretion of the Race Officer. The Committee Boat or other finishing vessel, which shall be identified by a blue flag, shall move to a position at which it is intended to finish the race, and when in position it shall hoist the Code Flag "S", and issue two sound signals. The finishing line shall be between the main mast or red and white pole on the finishing vessel and an adjacent mark. (





KINSALE YACHT CLUB



- 13.2 The Race Officer may announce a shortened course on VHF Ch. 69. Failure to give, or hear, this announcement shall not form grounds for protest or redress.
- 13.3 In the event of the Race Committee deciding to shorten a race but have a Fleet (or Fleets) finish at the Finishing Line indicated, a boat stationed at the last mark to be rounded shall display Flag F and make repeated sound signals as the boats round it. After rounding, the boats shall then proceed directly to the Finishing Line and finish. If Flag F is displayed on its own then all Fleets racing shall have their course shortened. Where the display of Flag F is accompanied by one or more Fleet Flags then all Fleets whose flag(s) are displayed shall have their course shortened and shall then proceed directly to the Finishing Line.
14. **Time Limit**
The time limit for the first boat in each class shall be 2.5 hours from the start of their race with the exception of the Coastal Race, the length and duration of which will be determined by the Race Officer. If the first boat finishes within 2.5 hours, remaining boats shall have one further hour, from the finishing time of the first boat, to finish. For the Coastal Race the remaining boats shall have one further hour to finish after the time limit determined by the Race Officer (This amends RRS 35.14).
15. **Retiring**
A yacht, which retires from a race, shall inform the Committee Boat as soon as possible.
16. **Alternative Penalties**
- 16.1 RRS 44 will not apply. A boat that may have broken a rule of Part 2 of the RRS or RRS 31 (Touching a Mark) while racing may take a place penalty of 1 place unless she gained a significant advantage in the race or caused serious damage to another boat whilst racing, in which case she shall retire. When in the same incident a boat has broken a rule of Part 2 and touched a mark, she need take only one penalty.
- 16.2 A boat taking a place penalty of 1 place under this section shall:
- 16.2.1 DISPLAY a code flag Q (yellow flag) from the first reasonable opportunity after the incident continuously until 5 minutes after finishing.
- 16.2.2 Draw ATTENTION to the flag as she is finishing.
- 16.2.3 REPORT her acknowledgement in person at the Race Office and identify the nature of the infringement (boat infringed against and/or mark touched, etc) to the Protest Committee by the





KINSALE YACHT CLUB



expiry of the protest time limit. The report shall be on a specific form available in the Race Office.

- 16.3 When one boat in a protest has not already accepted a penalty in accordance with the section above, and acknowledges prior to hearing, an infringement of a rule of Part 2 of the RRS or RRS 31, she shall receive a penalty of 2 places.
- 16.4 A boat that accepts a place penalty may protest with respect to the same incident but her penalty will not be affected.
- 16.5 A boat that takes a penalty shall not be penalised further with respect to the same incident unless she failed to retire when required to do so.
- 16.6 The level of penalties (other than place penalties specifically defined in these sailing instructions) for infringements of the rules shall be at the discretion of the Protest Committee and may be disqualification, a place penalty or no penalty. This changes RRS 64.1.





KINSALE YACHT CLUB



17. Protests and Requests for Redress

- 17.1 Protest forms are available at the Race Office located on the ground floor of the KYC club house. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.
- 17.2 For each class, the protest time limit is 90 minutes after the last boat has finished the last race of the day.
- 17.3 Notices will be posted no later than 15 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Parties may be informed by text and/or email.
- 17.4 Hearings will be held in a protest room, located at the KYC club house, beginning as soon as possible.
- 17.5 It is the responsibility of the PROTESTOR to inform the PROTESTEE of the lodging of the protest, the likely time and place of the hearing and to supply him with a copy thereof. It is the responsibility of all parties thereafter to attend at the time and place of any hearing with all necessary witnesses. This amends RRS 63.2.
- 17.6 In addition to the requirements under RRS 61, boats must draw the attention of the Committee Vessel to an intention to protest as soon as possible after the finish and before leaving the finishing area.
- 17.7 Notices of protests by the Race Committee or Protest Committee will be posted to inform boats under RRS 61.1(b).

18. Scoring

- 18.1 The scoring system shall be the Low Point System in accordance with RRS Appendix A with the following modifications:
 - a. OCS and RET = 1 point plus number of starters for the race.
 - b. DNC and DNS = 3 points plus number of starters for the race.
 - c. DSQ = 6 points plus number of starters for the race.
- 18.2 A special handicap system will be used for the White Sail Class – See White Sail Rules – See Appendix 3.
- 18.3 **Discard.** Each boat's series score shall be the total of her race scores excluding her worst score.





KINSALE YACHT CLUB



19. **Commercial Traffic**
Competitors shall yield right of way to commercial traffic within the limits of Kinsale Harbour in accordance with the Bye Laws of Kinsale Harbour. Failure to comply will result in disqualification.
20. **Advertising**
Competitors shall comply with the ISAF Advertising Code Category C.
21. **Insurance**
It is the duty of each boat owner to have his boat adequately insured against any risk, including civil responsibility to third parties and to ensure that such insurance remains valid for the entirety of the Event.
22. **Media Waiver**
Competitors give their consent to Kinsale Yacht Club, its sponsors, and the Organising Authority, to use their name, comments, photograph and likeness in order to promote the event..

Failure to comply with any of the above rules may result in disqualification.





KINSALE YACHT CLUB



Appendices.

- Appendix 1 - Course Card.
- Appendix 2 - Charles Fort Start / Finish Line.
- Appendix 3 - Balcony Finish Line.
- Appendix 4 - White Sail Rules.
- Appendix 5 - Registration and Declaration

The course card applicable to the 2019 Spring Series as well as the Charles Fort Start/Finish Line and the Balcony Finish Line are available on the Kinsale Yacht Club website (www.kyc.ie) under the Racing Classes/Documents folder.

Appendix 1 – Course Card.

Kinsale Yacht Club website under the Racing Classes/Documents folder.

<http://www.kyc.ie/index.cfm/page/documents> Course2017-18.pdf

Appendix 2 – Charles Fort Start/Finish Line.

CHARLES FORT LINE (START / FINISH)

Kinsale Yacht Club website under the Racing Classes/Documents folder.

<http://www.kyc.ie/index.cfm/page/documents> CHARLES FORT LINE IDMODM.pdf

Appendix 3 – Balcony Finish Line.

Kinsale Yacht Club Balcony Finish Line.

Kinsale Yacht Club website under the Racing Classes/Documents folder.

<http://www.kyc.ie/index.cfm/page/documents> BALCONY LINE.pdf





KINSALE YACHT CLUB



Appendix 4 - KYC White Sail Rules

The KYC White Sail Rules apply in addition to the above Sailing Instructions.

1. White Sail Division competing boats shall fly the identifying racing pennant (white pennant with blue letter W thereon), together with the correct identifying class numeral pennant 1 or 2 as appropriate.
2. For an All-in WS Start – The White Sail Pennant shall be used as the Class Flag (warning signal).
3. For individual WS class starts (classes 1 and/or 2) the numerical pennant (1 or 2) flag shall be used as the Class Flag (warning signal)
4. Progressive Handicap System: Starting handicaps shall be assigned by the Race Office and may be published on the notice board two hours before the start of the first race. Boats joining the series after the first race will have a handicap assigned by the Race Office.
5. Valid ISA ECHO certificates shall be submitted to the Race Office with the entry form. Handicaps will be calculated using the Progressive Handicapping System and they will be adjusted and declared after each race. The act of handicap adjustment or failure to adjust will not be grounds for protest and/or redress (amends RRS 60.1). Valid IRC Certificates (Endorsed or Un-Endorsed) are required for White sail IRC.
6. The use of gennakers, bloopers and spinnakers or other purpose-built downwind sails is prohibited.
7. Spinnaker poles and/or whisker poles are allowed for poling out headsails.
8. RRS Rule 49.2 shall apply. Competitors shall not position any part of their torsos outside the lifelines except briefly to perform a necessary task. Head sails shall not be continuously held out by hand outside the lifelines
9. Yachts shall use only ONE HEADSAIL at a time.
10. Roller reefing is encouraged under the White Sail Class Progressive Handicap.
11. Yachts racing in the White Sail Progressive Handicap are permitted one headsail change (to a smaller headsail) for safety reasons. Such headsail shall be used for the remainder of the race and declared to the Race Officer when finishing.
12. Yachts racing under White Sail IRC are permitted unlimited headsail changes





KINSALE YACHT CLUB



Appendix 5

Racing Registration Form & Declaration

NAME OF YACHT: _____

H'CAP DETAILS: ECHO _____ IRC _____

BOAT TYPE: _____

SAIL NUMBER: _____

CLASS: (Spinnaker **OR** White) _____

OWNER / HELMSMAN: _____

CLUB: _____

CONTACT PHONE NUMBER : _____

CONTACT EMAIL ADDRESS : _____

Fee: Spinnaker Class €80

Fee: White Sail €60

OWNER'S DECLARATION

To the best of my knowledge the information I have given is accurate. I understand that yacht racing can be dangerous. I agree that KYC, the Organising Authority, the Race Committee, any sponsors, and/or their agents have no responsibility for loss of life or injury to members of KYC, or crew, or others, or for the loss of, or damage, to any vessel or property. I have paid particular attention to and agree to be bound by the Racing Rules of Sailing (RRS) and the ISAF Offshore Special Regulations and the Organising Authority's Sailing Instructions for the event. Before racing I will effect adequate and suitable insurance which will include valid third party liability insurance and before racing I will ensure that I and my crew are aware of:-

1. The undertaking in this Declaration;
2. The responsibility to observe the Racing Rules of Sailing and in particular RRS 1.2. (life-saving equipment): "A boat shall carry adequate life-saving





KINSALE YACHT CLUB



equipment for all persons on board, including one item ready for immediate use, unless her class rules make some other provision. Each competitor is individually responsible for wearing a personal flotation device adequate for the conditions”

3. The responsibilities in relation to local harbour regulations;
4. The responsibilities in relation to the World Sailing Offshore Special Regulations.

I Agree to make my boat available for inspection.

If any alteration likely to affect the handicap or rating is made, e.g. to sails, rig, mast, ballast, trim, engine, or propeller, I will notify the appropriate Rating Authority and the Race Committee, and the Sailing Committee of the KYC immediately.

I will ensure that no crew member races on my boat contrary to the terms of any ban imposed by World Sailing, or any National Authority, or the KYC.

I understand and agree that the information given in this form will be maintained in KYC records to be used for all aspects of race organisation.

Each yacht shall exercise her responsibility under RRS Fundamental Rule 4 and decide whether or not to start or to continue to race.

I have read and understand the World Sailing Offshore Special Regulations 1.02 (Responsibility of Person in Charge as set out below):

1.02.1 The safety of a yacht and her crew is the sole and inescapable responsibility of the person in charge who must do his best to ensure that the yacht is fully found, thoroughly seaworthy and manned by an experienced crew who have undergone appropriate training and are physically fit to face bad weather. He must be satisfied as to the soundness of hull, spars, rigging, sails and all gear. He must ensure that all safety equipment is properly maintained and stowed and that the crew know where it is kept and how it is to be used.

1.02.2 Neither the establishment of these Special Regulations, their use by race organizers, nor the inspection of a yacht under these Special Regulations in any way limits or reduces the complete and unlimited responsibility of the person in charge.

1.02.3 Decision to race -The responsibility for a yacht's decision to participate in a race or to continue racing is hers alone - RRS Fundamental Rule 4.





KINSALE YACHT CLUB



I have read and agreed to the terms of this Declaration. I understand that on signing , I accept the responsibility as the Person in Charge as defined in RRS 46 unless I have informed the KYC that there will be a different Person in Charge. I enclose the appropriate fee

Data Protection

Kinsale Yacht Club relies on Legitimate Interest to process your personal data for the purpose of event registration. You do however have a choice.

Our privacy policy is available on the Club website and provides further information on how we process your personal data. If you have any further queries relating to how Kinsale Yacht Club processes your personal data, please contact info@kyc.ie.

Signed: _____ Date: _____

